

# Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Fenugreek seed	500 mg	†
Ginger root	50 mg	†
Papain 2000 USP units/mg (fruit)	250 mg	†
Peppermint leaf	440 mg	†
Milk thistle extract (seeds) [Standardized for 80% silymarin (40 mg)]	50 mg	†
Chamomile flower	25 mg	†
Artichoke flower extract [Standardized for minimum 2.5% caffeoylquinic acids (3.75 mg)]	150 mg	†

† Daily Value not established.

**Other Ingredients:** Rice Flour, gelatin, magnesium stearate.