

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

Amount Per Serving	% Daily Value ***
Calories	4 **
Total Carbohydrates	1.4 g **
Dietary Fiber	1.4 g 6%
Sugars	0 g †
Sodium	1 mg **
Calcium (from Psyllium husk powder USP)	13 mg **
Phosphorus (from Psyllium husk powder USP)	1 mg **
Potassium (from Psyllium husk powder USP)	11 mg **
Gentian root powder	60 mg †
Psyllium husk powder USP (hulls)	1500 mg †
Slippery elm bark powder	42 mg †

† Daily Value not established.

** Contains less than 2% of the Daily Value.

*** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Gelatin.

Distributed by: Indiana Botanic Gardens, Inc.
3401 W. 37th Ave. Hobart, IN 46342



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

