

# Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value **	
Chromium (as chromium amino acid chelate)	100 mcg	83%
Gotu kola extract (leaves) [Standardized for 10% triterpenes (5 mg)]	50 mg	†
Royal jelly powder 3.5X [Provides 6% 10-HDA] (Equivalent to 50 mg fresh royal jelly)	14.3 mg	†
Bee pollen powder	200 mg	†
Barley grass (aerial plant)	50 mg	†
Blue green algae (microalgae)	50 mg	†
Eleuthero (rhizome)	100 mg	†
Guarana (seeds)	100 mg	†
L-Carnitine (free form amino acid)	25 mg	†
DHEA (Dehydroepiandrosterone)	10 mg	†

† Daily Value not established.

\*\* Daily Values are based on a 2,000 calorie per day diet.

**Other ingredients:** Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, croscarmellose sodium, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).