

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value**	
Vitamin B-6 (as pyridoxine HCl)	5 mg	250%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	1000 mcg	16,667%
Biotin	25 mcg	8%

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Mannitol, sorbitol, croscarmellose sodium, magnesium stearate, silicon dioxide, natural tangerine flavor.