Supplement Serving Size 1 Capsule	t Fa	cts
Amount Per Serving	% Dai	ily Value
Vitamin C (as ascorbic acid)	16 mg	18%
Vitamin E 67 mg (as d-alpha tocopheryl succinate)		447%
Folate 1360 mcg DFE (800 mcg a	s folic acid)	340%
Vitamin B-12 (as methylcobalamin)	200 mcg	8333%
Acetyl-L-Carnitine HCI	500 mg	†
Coenzyme Q10 (as ubidicarenon	e) 60 mg	†
† Daily Value not established.		

OTHER INGREDIENTS: GELATIN

CAPSULE, MAGNESIUM STEARATE VEGE GRADE, SILICON DIOXIDE, RICE FLOUR, HYDROXYPROPYL METHYLCELLULOSE.

Suggested Use: Take 1 capsule daily, with meals, as a dietary supplement, or as directed by a physician.