

Younger at any age

change of face[®]

***Speedy Hair
and Nails***

90 tablets

Directions: Take 3 tablets daily

Distributed by:

CHOF, P.O.Box 592, Hobart, IN 46342

Lot:

Ingredients:

Vitamin A (as Retinyl Palmitate)	1667 IU
Vitamin C (as Ascorbic Acid and Rose Hips)	20 mg
Vitamin D (as Cholecalciferol)	33.3 IU
Vitamin E (as D-Alpha Tocopheryl Acetate).....	5 IU
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride).....	1.67 mg
Riboflavin (Vitamin B-2).....	1.67 mg
Niacin (as Niacinamide).....	8.33 mg
Vitamin B-6 (as Pyridoxine Hydrochloride).....	1.67 mg
Folic Acid	66.7 mcg
Vitamin B-12 (as Cyanocobalamin)	2.67 mcg
Biotin (as D-Biotin).....	66.7 mcg
Pantothenic Acid (as D-Calcium Pantothenate).....	5 mg
Calcium (as Dicalcium Phosphate & Calcium Carbonate) ...	278 mg
Iron (as Ferrous Gluconate).....	1 mg
Phosphorus (as Dicalcium Phosphate)	110 mg
Iodine (as Potassium Iodide)	37.5 mcg
Magnesium (as Magnesium Oxide).....	33.3 mg
Zinc (as Zinc Gluconate)	2.5 mg
Selenium (as L-Selenomethionine)	4.17 mcg
Manganese (as Manganese Gluconate)	1.67 mg
PABA	8.33 mg
Choline Bitartrate.....	25 mg
Inositol	10 mg
RNA (Ribonucleic Acid)	10 mg
Citrus Bioflavonoids	8.33 mg
Rutin	4.17 mg
Betaine Hydrochloride	8.33 mg