

Drug Facts

<i>Active Ingredient</i>	<i>Purpose</i>
Camphor 4.35%.....	topical analgesic
Menthol 2.61%.....	topical antitussive

Uses: ■ temporary relief of minor aches and pains of muscles & joints associated with simple backache, arthritis, bruises, sprains
■ provides cooling pain relief
■ temporarily alleviates and suppresses cough due to minor throat & bronchial irritation associated with a cold or inhaled irritant

Warnings:

When using this product, do not ■ heat ■ microwave ■ add to hot water or any container where heating water. May cause splattering and result in burns.

For external use only

When using this product as a pain reliever:

- Avoid contact with eyes.
- if condition worsens, or if symptoms persist for more than 7 days or clear up and occur again within a few days, discontinue use of this product and consult a doctor
- Do not apply to wounds or damaged skin.
- Do not bandage tightly.

When using this product as a cough suppressant:

- Do not take by mouth or place in nostrils.
- A persistent cough may be a sign of a serious condition. If cough persists for more than 1 week, tends to recur, or is accompanied by fever, rash, or persistent headache, consult a doctor.
- Do not take or give this product for persistent or chronic cough such as occurs with asthma or if cough is accompanied by excessive phlegm (mucus) unless directed by a doctor.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- See important warnings under "When using this product"

Directions for use as a pain reliever

- Apply to adults & children 2 years of age & older: apply to affected area not more than 3-4 daily.
- Children under 2 years of age: consult a physician.

Directions for use as a cough suppressant

- Adults and children 2 years of age and older:
 - rub on the neck and chest as a thick layer
 - cover with a warm, dry cloth if desired
 - clothing should be loose about the neck and chest to help vapors reach the breathing passages
 - use up to three times daily or as directed by a doctor
 - children under 2 years of age: Ask a doctor.

Other Information

- To Reorder Call: 1-800-644-8327
- Website: www.botanichealth.com

Inactive ingredients: Yellow petrolatum, eucalyptus oil, peppermint oil, citronella oil.

Manufactured by: Indiana Botanic Gardens, Inc.

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