

# Supplement Facts

Serving Size 2 Tablets

Servings Per Container 15

## Amount Per Serving % Daily Value\*\*

Vitamin B6 (as pyridoxine HCl) 100 mg 5,000%

Iodine (from kelp) 500 mcg 334%

Chromium (as Chromax® chromium picolinate) 400 mcg 334%

Chloride (as potassium chloride) 180 mg 6%

Potassium (as potassium chloride) 198 mg 6%

Atlantic Kelp (whole plant) 100 mg †

Bladderwrack powder (thallus) 100 mg †

Buchu powder (leaf) 100 mg †

Burdock root powder (root) 100 mg †

Choline (as choline bitartrate) 100 mg †

Cornsilk powder (styles & stigmas) 100 mg †

DL-Phenylalanine 100 mg †

Dulse seaweed powder (thallus) 100 mg †

Fennel seed powder (seed) 100 mg †

Hawthorne berry powder (berry) 100 mg †

Inositol 200 mg †

Lecithin granules (from soybean oil) 200 mg †

Plantain herb powder (leaf) 100 mg †

Uva ursi powder (leaf) 100 mg †

† Daily Value not established.

\*\* Daily Values are based on a 2,000 calorie per day diet.

**Other Ingredients:** Microcrystalline cellulose, dicalcium phosphate, stearic acid, croscarmellose sodium, magnesium stearate, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).

Contains: Soybeans.

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