

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

Amount Per Serving	% Daily Value **	
Vitamin B-6 (as pyridoxine HCl)	100 mg	5000%
Iodine (from kelp)	500 mcg	334%
Chromium (as Chromax® chromium picolinate)	400 mcg	334%
Chloride (as potassium chloride)	180 mg	6%
Potassium (as potassium chloride)	198 mg	6%
Atlantic Kelp (whole plant)	100 mg	†
Bladderwrack powder (thallus)	100 mg	†
Buchu powder (leaf)	100 mg	†
Burdock root powder (root)	100 mg	†
Choline (as choline bitartrate)	100 mg	†
Cornsilk powder (styles & stigmas)	100 mg	†
DL-Phenylalanine	100 mg	†
Dulse seaweed powder (thallus)	100 mg	†
Fennel seed powder (seed)	100 mg	†
Hawthorne berry powder (berry)	100 mg	†
Inositol	200 mg	†
Lecithin granules (from soybean oil)	200 mg	†
Plantain herb powder (leaf)	100 mg	†
Uva ursi powder (leaf)	100 mg	†

† Daily Value not established.

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, stearic acid, croscarmellose sodium, magnesium stearate, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol). Contains: Soybeans.

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