

# Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Ginger root	100 mg †
Valerian root	75 mg †
Licorice root	45 mg †
Angelica root	10 mg †
Skunk cabbage (roots)	10 mg †
Kava Kava (root)	50 mg †
St. John's Wort (flower heads)	50 mg †
Chamomile (flowers)	50 mg †

† Daily Value not established

**Other Ingredients:** Microcrystalline cellulose, dicalcium phosphate, stearic acid, magnesium stearate, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).