

# Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value **	
Iodine (from Kelp)	150 mcg	100%
Alfalfa <i>(Medicago sativa)</i> (leaf)	200 mg	†
Atlantic Kelp <i>(Ascophyllum nodosum)</i> (thallus)	37.50 mg	†

† Daily Value not established.

\*\* Daily Values are based on a 2,000 calorie per day diet.

**Other Ingredients:** Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).