

Supplement Facts

Serving Size 3 g (1 tsp.)

Servings Per Container 35

Amount Per Serving	% Daily Value	
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Calories	12	
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Sodium	16 mg	1%†
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Carbohydrates	2 g	1%†
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Psyllium Husk, Blonde powder <i>Plantago ovata</i>	3 g	*
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* Daily Value not established

† Percent Daily Values are based on a 2,000 calorie diet