

Supplement Facts

Serving Size 4 Capsules

Servings Per Container 15

Amount Per Serving	% Daily Value**	
Magnesium (as magnesium oxide)	50 mg	13%
Bromelain (from pineapple) (600 gelatin digestive units per gram)	500 mg	†
Cinnamon 10:1 extract (bark) [Equivalent to 1000 mg of Cinnamon powder]	100 mg	†
Coenzyme Q10 (as ubiquinone)	30 mg	†
<i>Ginkgo biloba</i> (leaf) extract [Standardized for 24% ginkgolactones (14.4 mg) and 6% total terpene lactones (3.6 mg)]	60 mg	†
Green tea extract (dried leaves) [Standardized for 60% Polyphenols (300 mg)]	500 mg	†
Lutein (from marigold (flower))	10 mg	†
OptiMSM® Methylsulfonylmethane	1500 mg	†
Policosanol-Plus® (from sugar cane)	10 mg	†

† Daily Value not established.

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Gelatin, rice flour, magnesium stearate, sucrose, tapioca starch.

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OptiMSM® is a registered trademark of Bergstrom Nutrition.

Policosanol-Plus® is a registered trademark of Innovation Laboratories, Inc.