

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	35	
Calories from Fat	30	
Total Fat	3.5 g	6%†
Polyunsaturated Fat	2.5 g	**
Monounsaturated Fat	<1 g	**
Cholesterol	10 mg	4%
Vitamin E (as d-Alpha Tocopherol)	15 IU	50%
Fish Oil	1,200 mg	**
Typical Fatty Acid Profile:		
Omega-3 - Eicosapentaenoic Acid (EPA)	30-33%	**
Omega-3 - Docosahexaenoic Acid (DHA)	20-22%	**
Borage Seed Oil	1,200 mg	**
Typical Fatty Acid Profile:		
Omega-6 - Linoleic Acid	33-46%	**
Omega-6 - Gamma Linolenic Acid (GLA)	22%	**
Omega-9 - Oleic Acid	10-24.5%	**
Organic Flaxseed Oil	1,200 mg	**
Typical Fatty Acid Profile:		
Omega-3 - Alpha Linolenic Acid (ALA)	45-65%	**
Omega-6 - Linoleic Acid	11-24%	**
Omega-9 - Oleic Acid	11-24%	**

† Percent Daily Values are based on a 2,000 calorie per day diet.

** Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Soybean Oil.
Contains: Fish (anchovy, mackerel, sardine).