

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 30

Amount Per Serving		% Daily Value
Calories		40
Calories from Fat		30
Total Fat	3.5 g	5% **
Polyunsaturated Fat	1.5 g	***
Monounsaturated Fat	0.5 g	***
Cholesterol	10 mg	4%
Protein	<1 g	2% **
Vitamin E (as d-Alpha Tocopherol)	15 IU	50%
Fish Oil	1,200 mg (1.2 g)	***
Typical Fatty Acid Profile:		
Omega-3 - Eicosapentaenoic Acid (EPA)	30-33%	***
Omega-3 - Docosahexaenoic Acid (DHA)	20-22%	***
Organic Flaxseed Oil	1,200 mg (1.2 g)	***
Typical Fatty Acid Profile:		
Omega-3 - Alpha Linolenic Acid (ALA)	45-65%	***
Omega-6 - Linoleic Acid	11-24%	***
Omega-9 - Oleic Acid	11-24%	***
Borage Seed Oil	1,200 mg (1.2 g)	***
Typical Fatty Acid Profile:		
Omega-6 - Linoleic Acid	33-42%	***
Omega-6 - Gamma Linolenic Acid (GLA)	19%	***
Omega-9 - Oleic Acid	10-24.5%	***

** Percent Daily Values are based on a 2,000 calorie per day diet.

*** Daily Value not established.

*This statement has not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.