

# Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Saturated Fat	<0.5 g	2%**
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	<0.5 g	†
Cholesterol	0 mg	0%
Flaxseed Oil (cold pressed, organic)	1400 mg	†
Evening Primrose Oil (cold pressed) (seed)	300 mg	†
Canola Oil (cold pressed)	260 mg	†
Black Current Oil	20 mg	†
Pumpkin Seed Oil	20 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie per day diet.  
† Daily Value not established.

**Other Ingredients:** Gelatin, Glycerin, Purified Water, Carob Powder.