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Website:
www.botanicchoice.com

Distributed by:
 Indiana Botanic Gardens, Inc.
 3401 W. 37th Ave.
 Hobart, IN 46342

Basil

9 grams

Supplement Facts
 Serving Size 250 mg (½ tsp.)
 Servings Per Container 36

Amount Per Serving	% Daily Value
Basil herb cut 250 mg	*

* Daily Value not established

Bay Leaf

1 gram

Supplement Facts
 Serving Size 5 mg (½ tsp.)
 Servings Per Container 24

Amount Per Serving	% Daily Value
Bay leaf whole 5 mg	*

* Daily Value not established

Cayenne (Capsicum)

17 grams

Supplement Facts
 Serving Size 75 mg (½ tsp.)
 Servings Per Container 24

Amount Per Serving	% Daily Value
Cayenne fruit powder 75 mg	*

* Daily Value not established

Celery Seed

18 grams

Supplement Facts
 Serving Size 75 mg (½ tsp.)
 Servings Per Container 24

Amount Per Serving	% Daily Value
Vitamin C 1.1 mg	1.8%
Carbohydrates 0.5 g	0.2%†
Celery seed whole 75 mg	*

* Daily Value not established

† Percent Daily Values are based on a 2,000 calorie diet

Cinnamon Stick

Supplement Facts

To be used as a
 flavoring for tea,
 in baking, savory
 and sweet foods

Fennel

17 grams

Supplement Facts
 Serving Size 500 mg (½ tsp.)
 Servings Per Container 34

Amount Per Serving	% Daily Value
Fennel seed whole 500 mg	*

* Daily Value not established

Oregano

4 grams

Supplement Facts
 Serving Size 250 mg (½ tsp.)
 Servings Per Container 16

Amount Per Serving	% Daily Value
Oregano herb cut 250 mg	*

* Daily Value not established

Parsley

3 grams

Supplement Facts
 Serving Size 250 mg (½ tsp.)
 Servings Per Container 12

Amount Per Serving	% Daily Value
Parsley leaf cut 250 mg	*

* Daily Value not established

Rosemary

6 grams

Supplement Facts
 Serving Size 250 mg (½ tsp.)
 Servings Per Container 24

Amount Per Serving	% Daily Value
Rosemary leaf whole 250 mg	*

* Daily Value not established

Sage

7 grams

Supplement Facts
 Serving Size 250 mg (½ tsp.)
 Servings Per Container 28

Amount Per Serving	% Daily Value
Sage herb cut 250 mg	*

* Daily Value not established

Salt Free Seasoning

19 grams

Supplement Facts
 Serving Size 250 mg (½ tsp.)
 Servings Per Container 78

Amount Per Serving	% Daily Value
Calories	11
Carbohydrates 1.8 g	<1%†
Vitamin C 6 mg	10%
Iron 0.6 mg	3%

Salt Free Seasoning 3 g

Proprietary Blend of: Paprika, Turmeric, Sesame Seeds, Onion, Garlic*, Bell Peppers*, Carrots*, Parsley*, Corn Starch, Citric Acid and Natural Flavors. (contains sulfites <20 ppm).

* Daily Value not established

† Percent Daily Values are based on a 2,000 calorie diet

Thyme

7 grams

Supplement Facts
 Serving Size 250 mg (½ tsp.)
 Servings Per Container 28

Amount Per Serving	% Daily Value
Thyme leaf cut 250 mg	*

* Daily Value not established